

# Drink even Champions recommend

Thank you David Warner for counting on us.

## Warner turns dietician to fellow opener Renshaw

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**NEW DELHI :** Australia opener David Warner is on the straight and narrow these days. The explosive opener has given up alcohol and his discipline has been rewarded with consistently high scores.

His young opening partner, Matt Renshaw, adapted to Indian conditions brilliantly with a controlled 68 in the first innings as Australia went on to defeat India by 333 runs in the Pune Test.

However, the spicy Indian food was another matter. The 20-year-old had to make a dash for the toilet on Day 1. Former Aussie stalwarts slammed him over his timing as Warner had just got out. But Renshaw returned and made amends with a composed innings.

### WARNER'S DIETARY TIPS

Quite an India veteran, David Warner has taken the fellow opener under his wings. "I gave him a bit of a tip the other day about taking some tablets, like gastro health to get those probiotics into you," Warner said.

"And (I said) have your Yakult in the morning to make sure you

line your stomach a little bit, because if you have the odd hot chilli, it can definitely go through you."

On his second Test tour of India and an IPL regular David Warner --- he is captain of holders Sunrisers Hyderabad --- should be familiar with Indian cuisine. A bout of gastritis is common for first-time travellers to India, who are not used to spicy food.

But Warner is all admiration for Renshaw adapting to the tough batting conditions in Pune. "He played fantastic," he said. "It could have been a different story if he stayed out there or he didn't come off but the way he played, and the way he adapted from coming off, being sick and going back out there, was credit to him. The first Test in India, India probably didn't expect that. We'd never seen him play in these conditions as well, so we know how he can play and that's the good thing about this game.

"When you have fresh people in the team, you don't know what they're capable of as well and it adds another string to your bow." Australia are aiming to make amends for their 4-0 rout in India four years ago.



■ Matt Renshaw had to take a break due to an upset stomach.

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